Event Information - Doping Control

This event is subject to doping control. All athletes at this competition are subject to drug testing conducted by the United States Anti-Doping Agency (USADA), World Anti-Doping Agency (WADA), and/or the International Federation (IF) under an in-competition testing program. This section is intended to give an overview of the key points relevant to this program and the testing that can be conducted at the event.

What substances are prohibited?
As a signatory to the World Anti-Doping Code, USADA tests for substances and methods found on the World Anti- Doping Agency Prohibited List. It's important that athletes are aware of the substances and methods on the Prohibited List, as an athlete subject to testing is responsible for any prohibited substance found in their body, regardless of intent.

It's also important to understand that certain substances are prohibited at all times, while others are prohibited only during the competition period. In some cases, some substances are only prohibited in a certain sport.

What about medications?
Athletes need to be aware of the prohibited status of any medication they are taking, whether it be an over-the-counter or prescription medication. The easiest way to check the status of an athlete's medication is to use USADA's Global DRO service, which allows athletes to search for generic and name brand products, as well as specific ingredients. Given that the Prohibited List changes each year and medication formulations can also change, it's important for athletes to regularly check the status of their medications.

It's also important to understand that dietary supplements are not medications. They are regulated and manufactured differently, which means that USADA is unable to provide guidance on the safety and efficacy of specific dietary supplement products. If an athlete chooses to use dietary supplements in spite of the risks, athletes can reduce their risk by using only third-party certified products. For more information, visit USADA's Supplement Connect resource.

Athletes or their support team can also speak to an expert by phone during business hours by calling (719) 785-2000 and selecting option 2.

What if I need to take a prohibited medication?
In some situations, an athlete may have an illness or condition that requires the use of a medication listed on the World Anti-Doping Agency's Prohibited List. A Therapeutic Use Exemption or TUE provides permission for an athlete to have a prohibited substance in their

body at the time of a drug test. The process for obtaining a TUE is thorough and balances the need to allow athletes access to critical medication while upholding clean athletes' rights to compete on a clean and level playing field. TUE requirements also vary based on the competition level of the athlete and nationality.

If an athlete is diagnosed with a medical condition requiring treatment with a prohibited substance or method, they should **apply for a TUE as soon as possible, but at least 30 days prior to an event or competition**. U.S. Athletes interested in obtaining a TUE should visit USADA's TUE page. International Athletes should contact their National Anti-Doping Organization if they are a national-level athlete, or their International Federation if they are an international-level athlete.

How will I be notified of testing?
This drug testing program allows for athletes to be selected for testing at a competition (in-competition testing) without any advance notice. Athletes will be notified of their selection for doping control by a Doping Control Officer (DCO) or a notifying chaperone. At the time of notification, the athlete will be informed of their rights and responsibilities during the sample collection process and will be asked to provide photo identification.

What does the sample collection process include?
Athletes selected for testing are subject to both blood and urine testing. The processes are designed to be both effective in preserving the integrity of the sample, yet as safe and comfortable for the athlete as possible. Understanding the processes, as well as an athlete's rights and responsibilities, can help to make the sample collection process less intimidating. For example, athletes will be required to provide a urine sample of 90 mL under direct observation of a DCO or a witnessing chaperone of the same gender. There are additional considerations for minor athletes and athletes with impairments. Most notably, minor athletes are encouraged to be accompanied by a representative of their choice.

Learn more about the sample collection processes here.

What if an athlete is returning to sport from retirement?
Under the rules, athletes who were previously eligible for out-of-competition (no-advance-notice) testing before officially retiring have a six-month waiting period before they can compete (should they choose to return to competition) and must again be subject to out-of-competition testing during this reinstatement period. The athlete is not permitted to compete in any USA Cycling sanctioned events or UCI sanctioned events. If you have an athlete in this situation, please email AthleteConnect@USADA.org.

Additional Resources

Athletes can also visit USADA's Anti-Doping 101 page to find more important information for athletes, coaches, family members, and other athlete support people.

U.S. ANTI-DOPING AGENCY
5555 Tech Center Drive, Suite 200, Colorado Springs, CO 80919 • Tel: 719.785.2000 • Fax: 719.785.2001
USADA@USADA.org • www.USADA.org