

# IF YOU ARE REQUIRED TO FOLLOW THE EDUCATION & TRAINING POLICY

You must complete training every 12 months. The Core course is taken in the first year, followed by Refresher 1, Refresher 2, and Refresher 3 in each subsequent year. The cycle begins again with the SafeSport® Trained Core in year 5. The courses are updated regularly to include changes to the SafeSport Code and MAAPP.

**Important:** All courses are intended for adults ages 18+, unless otherwise noted. If you are under 18, you must have parental consent to take our courses. Please check with your NGB's membership services department on where and how to access SafeSport training through your organization.



## SafeSport® Trained Core

This Core course gives a comprehensive overview of facts, principles, and strategies to help you provide safe and positive sport environments.



## Refresher 1:

### Recognizing & Reporting Misconduct

Reinforces reporting practices and principles including how best to respond when someone discloses abuse, barriers to reporting, and legal considerations.



## Refresher 2:

### Preventing Misconduct

Reviews information about recognizing and preventing misconduct, as well as reporting responsibilities, including in-depth information on applying the Minor Athlete Abuse Prevention Policies (MAAPP).



## Refresher 3:

### Creating a Positive Sport Environment

Reviews basics of reporting and highlights concepts of retaliation, bystander intervention, and how to mitigate potential risks in settings such as locker rooms and electronic communications.

**Year 5** — cycle begins again with the SafeSport® Trained Core course